



**University of International Business and Economics
International Summer School**

PSY 110 Principles of Psychology

Term: June 13th – July 14th, 2022

Instructor: Qin Gao

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Class Hours: Monday through Thursday, 120 minutes each day (2,400 minutes in total)

Office Hours: TBD

Discussion session: 2 hours each week

Total Contact Hours: 64 contact hours (45 minutes each, 48 hours in total)

Credit: 4 units

Course Description:

Psychology entails the scientific study of behavior, broadly defined. As we shall quickly see, how we understand and study behavior often depends on the theoretical framework used. Hence, a key goal of this course is to guide students toward a broad and critical understanding of psychology from a number of different perspectives. We will accomplish this by exploring, evaluating, and discussing various strengths and weaknesses of different perspectives for understanding behavior based on the theoretical and empirical literature. Films may be used to help reinforce ideas and issues presented in the lectures and in the readings. This is a lecture class only. Students are expected to attend all lectures and participate in class discussions and activities.

Course Goals:

Successful performance in this class will include learning about psychology at four levels. First, you will need to learn the language of psychology, the definitions and uses of technical terms. Second, you will need to understand how individual ideas are combined into concepts and theories. Third, you will learn how psychologists gather information to develop and test their theories. Fourth, you will learn that not all psychologists agree on important psychological problems and you will begin to critically explore, compare, and evaluate diverse perspectives.

Required Textbook:

Zimbardo, P. G., Johnson, R. L., & McCann, V. (2017). Psychology: Core Concepts (8th ed.). New York: Pearson. ISBN: 0134191439.

Grading Policy:

In this course, grading will be based on the following:

EXAMS: There will be two exams. Each of the exams will contain 75 multiple-choice questions (2 points each). In general, exams will not be comprehensive. Each exam will only cover the lectures and readings for that range of dates. Approximately 60%-70% of each exam will be based on information presented in class, including any films watched, the remainder will be based on assigned chapters from the textbook (even if the textbook material is not discussed in lecture). All of the exams are required. If you miss an exam, then you should try to contact me immediately.

THOUGHT PAPERS: There will be twenty in-class writing assignments during the term. These assignments may include developing/designing a research study, or discussing in greater detail a subject matter covered in class. You may use your book to assist you in writing your response. However, your response must be hand written and submitted to the instructor before the end of class. Each written assignment will be worth a maximum of 10 points, for a total of 200 points for all 20 assignments. If you do not provide a hand-written response to the assignment as instructed, you will receive zero points.

CLASS PARTICIPATION: Regular attendance and class participation is expected. Failure to attend class or to participate in class activities will result in a lower grade. There is no use of smart phones or devices during class time.

FINAL COURSE GRADES: Your final grade is based on the total number of points you earn on each of the two exams (total possible exam points = 300), and 20 thought papers (total possible points = 200).

Grading Scale:

Assignments and examinations will be graded according to the following grade scale:

A	450-500	C+	360-374
A-	425-449	C	340-359
B+	410-424	C-	320-339
B	390-409	D	300-319
B-	375-389	F	below 300

Class Rules:

Academic dishonesty is not tolerated. Students caught cheating will receive an F for that test and will be in jeopardy of failing the course.

No electronic devices are allowed for use in the classroom at any time.

Sleeping in class is inappropriate personal conduct and unacceptable behavior that will result in an unexcused absence.

At least one break will be given during each class period. Unless you have an emergency, please limit your departure from class to the allotted breaks.

The syllabus may be subject to change to respond to the needs of the class or to unforeseen circumstances.

Students should expect to spend two hours outside of each class session; readings in the textbook must be completed prior to the corresponding class meeting.

NO MAKE-UP TESTS OR EXAMS WILL BE GIVEN.

Attendance Policy:

If a student must miss class, a doctor's note is required for the absence to be excused. There are no unexcused absences.

Course Schedule:

The planned schedule sketched out below may be modified to suit the interests or abilities of the enrolled students or to take advantage of special opportunities or events that may arise during the term.

WEEK ONE (read Chapter 1-3)

- Welcome! Overview of Class
- What is psychology, and what is it not?
- What is psychology's six main perspectives?
- Research Methods in Psychology
- How are genes and behavior linked?
- How does the body communicate internally?
- How does the brain produce behavior and mental processes?
- How does stimulation become sensation?
- How are the senses alike? How are they different?
- What is the relationship between sensation and perception?

WEEK TWO (read Chapter 4-6)

- What sort of learning does classical conditioning explain?
- How do we learn new behaviors by operant conditioning?
- How does cognitive psychology explain learning?
- What sort of learning does classical conditioning explain?
- How do we learn new behaviors by operant conditioning?
- How does cognitive psychology explain learning?
- What are the components of thought?
- What abilities do good thinkers possess?
- How is intelligence measured?
- Is intelligence one or many abilities?
- How do psychologists explain IQ differences among groups?
- **MIDTERM EXAM**

WEEK THREE (read Chapter 7-9)

- What innate abilities does the infant possess?
- What are the developmental tasks of childhood?
- What changes mark the transition of adolescence?

- What developmental challenges do adults face?
- How is consciousness related to other mental processes?
- What cycles occur in everyday consciousness?
- What other forms can consciousness take?
- What motivates us?
- How are our motivational priorities determined?
- Where do hunger and sex fit into the motivational hierarchy?
- How do our emotions motivate us?
- What processes control our emotions?

WEEK FOUR (read Chapter 10-11)

- What forces shape our personalities?
- What persistent patterns, or dispositions, make up our personalities?
- How do mental processes help shape our personalities?
- What “theories” do people use to understand themselves and others?
- How is our behavior affected by the social situation?
- Constructing social reality: What influences our judgments of others?
- How do systems create situations that influence behavior?

WEEK FIVE (read Chapter 12 - 14)

- What is psychological disorder?
- What are the consequences of labeling people?
- What is therapy?
- How do psychologists treat psychological disorders?
- What causes distress?
- How does stress affect us physically?
- **Review & FINAL EXAM**