



# Introduction to Psychology

Bridgewater State University

Winter 2022

PSYC 100

-- ONLINE --

**INSTRUCTOR:** Caroline Stanley, Ph.D.

**Duration:** December 22– January 16

**OFFICE HRS:** Office hours are a set of regular hours that professors plan to be available for students. Office hours are intended to be an informal way for students to ask professors questions or further discuss course material.

Because of the online environment of this course, I'll conduct office hours by Zoom. Please email me some days/times that work with your schedule and I would be glad to meet you on Zoom for a personal meeting.

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## COURSE INFO

**COURSE MEETINGS:** To allow for scheduling flexibility and to respect the array of time zones for students in this international course, live meetings will **not be required**. All lectures will be recorded and made available to students on Blackboard.

**COURSE STRUCTURE:** Students may work at their own pace during the week. In general, coursework will be due by the end of the day on Mondays [11:59pm (USA, EST)] Please see the course schedule for suggested deadlines and other details.

**COURSE DESCRIPTION:** This course provides an introduction to psychology as a science. Students will become familiar with topics including: principles underlying mental and behavioral processes, biopsychology, sensation and perception, learning, memory, research methodology, psychopathology and human development. Major concepts, terms, and theoretical models in psychology will be evaluated.

### COURSE OBJECTIVES:

- To understand the history of psychology and how it relates to other fields
- To identify, apply, and evaluate psychological theories and concepts
- To understand the different perspectives from which psychologists examine behavior and mental processes
- To perceive the statistical applications applied in psychology research



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- To gain knowledge and insight regarding the mechanisms responsible for one's thoughts, behaviors, and interactions with others

### COURSE POLICIES:

1. Academic Integrity Policy. Students are expected to complete their own, original work and to abide by the college's honor code. Academic dishonesty, including cheating, plagiarism (using someone else's work as your own), inappropriate collaboration, and other misconduct will result in disciplinary action according to the Bridgewater State University Student Handbook. Students who engage in academic dishonesty will be reported to the Office of Academic Affairs and can expect to be withdrawn from the course with an F grade.
2. Live Classes Online Policy. Optional live classes and/or review sessions may be held online. If you decide to participate in a live class, please keep the following in mind:
  - a. **Respect for Others**. Please make every attempt to remove personal distractions (i.e., pets), minimize background noise, and attend class in private, quiet space. Side conversations, phone/internet use, texting, napping, tardiness, driving (don't!), and other unprofessional behaviors are disruptive to an online class. Students who engage in disruptive behaviors will be asked to leave the class.
  - b. **Safety First, No Driving**. It is DANGEROUS to drive a vehicle while attending a live meeting. You are at an increased risk of accidents even if your camera is turned off and you only intend to listen to the lecture. The reason for this is because attention becomes divided when people attempt to multitask. In turn, this means that you are less focused on your driving and your reaction times (i.e., slamming on the breaks, swerving to avoid a collision) become delayed.

For safety reasons, students are prohibited from attending class in any form if they plan on driving at the same time. Students who drive during class or engage in other unsafe will be asked to leave class (Remember: Your safety is more important than this class. ALWAYS!)

3. Exams/Quizzes. Exam/quiz questions will be derived from assigned readings, videos, and lecture. All exams/quizzes must be completed before the assigned date and time unless permission from the instructor has been received before the designated time. It is the student's responsibility to discuss arrangements with the instructor beforehand. With the exception of serious illness or catastrophe, there are no make-ups for missed exams/quizzes.
4. Email. Students are required to check their emails on a daily basis for updates regarding the class schedule & syllabus. Because class may be cancelled due to inclement weather or for other reasons, the college website should also be checked regularly for school closings.



**NOTE:** *In the event of serious illness, catastrophe, or other equally compelling circumstances (as determined by the instructor), exceptions to any of the course policies may be made. Please contact the instructor if you experience any hardships during the semester.*

## BSU SUPPORT SERVICES

- **Technical Support:** When technical issues arise, email [itsupport@bridgew.edu](mailto:itsupport@bridgew.edu)
- **Tutoring/Writing Support:** Contact Tutoring Central in the Academic Achievement Center (AAC) at (508) 531-1214.
- **Accommodations:** Students requiring accommodations should notify Student Accessibility Services at (508) 531-2194 within the first week of the semester.

## REQUIRED READINGS

- **Text (for purchase):** Myers and DeWall (2015). *Psychology*. 11th Edition. Madison Avenue, NY: Worth Publishers

## ASSESSMENT & GRADING

Final grades will be assessed as follows: <ul style="list-style-type: none"><li>• 65% = Exams</li><li>• 25% = Quizzes</li><li>• 5% = Paper 1</li><li>• 5% = Paper 2</li></ul> <hr/> <p>100% = TOTAL</p>	Final grades will be assigned as follows: <table><thead><tr><th><u>Percentage</u></th><th><u>Letter grade</u></th></tr></thead><tbody><tr><td>93% - 100%</td><td>A</td></tr><tr><td>90% - 92.9%</td><td>A-</td></tr><tr><td>87% - 89.9%</td><td>B+</td></tr><tr><td>83% - 86.9%</td><td>B</td></tr><tr><td>80% - 82.9%</td><td>B-</td></tr><tr><td>77% - 79.9%</td><td>C+</td></tr><tr><td>73% - 76.9%</td><td>C</td></tr><tr><td>70% - 72.9%</td><td>C-</td></tr><tr><td>67% - 69.9%</td><td>D+</td></tr><tr><td>63% - 66.9%</td><td>D</td></tr><tr><td>60% - 62.9%</td><td>D-</td></tr><tr><td>59.9% and below</td><td>F</td></tr></tbody></table>	<u>Percentage</u>	<u>Letter grade</u>	93% - 100%	A	90% - 92.9%	A-	87% - 89.9%	B+	83% - 86.9%	B	80% - 82.9%	B-	77% - 79.9%	C+	73% - 76.9%	C	70% - 72.9%	C-	67% - 69.9%	D+	63% - 66.9%	D	60% - 62.9%	D-	59.9% and below	F
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**NOTE. THE INFORMATION ON THIS SYLLABUS IS SUBJECT TO CHANGE. ANNOUNCEMENTS CONCERNING THIS COURSE WILL BE MADE VIA E-MAIL. IT IS THE STUDENT'S RESPONSIBILITY TO CHECK COLLEGE E-MAIL DAILY FOR ANNOUNCEMENTS.**

## COURSE SCHEUDLE

Week	Topic	Tasks
1	Introduction to Course	Read syllabus
	The Science of Psychology (ch. 1)	
	Intro to Psychological Science –Statistics (ch. 1)	Quiz ch. 1
	The Biology of Mind (ch. 2)	Quiz ch. 2
2	Nature, Nurture, and Human Diversity (ch. 4)	
	Nature, Nurture, and Human Diversity (ch. 4)	Quiz ch. 4
	Development throughthe Lifespan (ch. 5)	Paper #1
	Development throughthe Lifespan (ch. 5)	Quiz ch. 5
3	Descriptive Statistics & Graphing(ch. 1)	
	Descriptive Statistics & Graphing(ch. 1)	Quiz ch. 1
	Hypothesis testing in Psychology Experiments (ch. 1)	
	Hypothesis testing in Psychology Experiments (ch. 1)	Quiz ch. 1
4	Memory (ch. 8)	courseevaluation& Quiz ch. 8
	Social Psychology (ch. 13)	Quiz ch. 13
	Personality (ch. 14)	Paper 2 & ch. 14
	Psychological Disorders (ch. 15)	Quiz ch. 15